

4/19/18



[Ahimsa Acres Educational Center](#)

Hello, everyone!

Back by popular demand, EVEN is sponsoring another engaging and thought-provoking **tour of Ahimsa Acres** (Cottage Grove) on **Saturday, 5/12/18, 10:00 AM to 12 PM noon**. **THANK YOU, DALE and SANDY!**

If you are interested in attending, **please respond promptly to this email with an affirmative RSVP and the number in your party**. The tour is **free** but **space is limited**.

This is an excellent opportunity for you to be inspired by **Ahimsa Acres** and its co-directors, **Dale and Sandy Lugenbehl**. Your tour of Ahimsa Acres will be **educational, interesting and fun!** For decades, Dale and Sandy have been committed to **vegan living** in their food, clothing, building methods and food growing techniques.

Additional Tour Information:

Ahimsa is a Sanskrit word meaning "**without harm or violence**" which captures the sort of intentional living that Ahimsa Acres strives to promote.

Located in the countryside outside **Cottage Grove, Oregon**, Ahimsa

Acres is devoted to helping people learn to cope with difficult personal and economic issues, resource depletion, climate change, and the rush and complexity of day-to-day life. This is done by:

- teaching lowering personal consumption,
- permaculture principles to grow food at one's own residence,
- renewable energy and other sustainable technologies,
- conservation, and
- achieving a more peaceful and compassionate inner state through meditation and other practices.

Tours of Ahimsa Acres are narrated and include:

- veganic gardens and orchards,
- uses of solar energy for generating electricity and heating water and heating the residence,
- geothermal energy for cooling,
- gravity powered water catchment systems,
- energy-efficient nontoxic building technologies,
- and more!
- A question and answer period follows the tour.

The Center offers classes, lectures, workshops, personal consulting, and tours of the grounds of Ahimsa Acres. Part of the mission of the Center is to serve as a working model for displaying practices and technologies which further a healing personal and environmental lifestyle.

Ahimsa Acres puts people in touch with educational resources-books, articles, DVD's, mentors-and to provide internships and scholarships for those who are interested in making a strong commitment to living simply and peacefully and teaching others how to do the same.

Ahimsa Acres is a nonprofit educational organization established in 1995.

RSVP to EVEN by responding to this email.

Sorry, no children under the age of 14 for this EVENT.

Eugene Veg Education Network (EVEN)

www.eugeneveg.org

Eugene Veg Education Network

---EVEN - serving as a vegan resource since 2005---

Check Out [EVEN's News Blog](#) for hundreds of valuable, vegan morsels.

The Eugene Veg Education Network (EVEN) is a 501(c)(3) non-profit serving as a resource for those seeking information on a **healthful, vegan lifestyle**. EVEN's emphasis is one of **non-violence, compassion and sustainability**. Focus is on the **interconnectedness of all life** and how a plant-based diet benefits the earth, non-human animals, and the individual. EVEN's Mission Statement is **to inform, educate & encourage our members---** as well as the larger community ---by providing information on veganism and its positive impact on the health of the planet and all its inhabitants. www.eugeneveg.org **Peace.**

