Announcing 3 Important Events: Portland VegFest, Cowspiracy, GMO OMG

Portland VegFest

is almost here. September 27 and 28, 2014

Latest News...

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10th Anniversary Portland VegFest



Join us **September 27 & 28** at the Oregon Convent Center as we celebrate 10 years of **Portland VegFe**

! This low-cost, fun and food-filled event welcomes everyone!

• 100s of <u>Free Foods</u>



Contact US!

info@nwveg.org volunteer@nwveg.org nwveg.org

503.746.8344

to Sample!

• Exciting **Speakers**

including Dr. Joel Fuhrman, Ellen Jaffe Jones and many more!

• Cooking Demos

from Fran Costigan, Alan Rottinger, Tayla Lutzger and more!

- Ask the Experts Table
- Children and Teen Activities

including a Super Hero themed photo booth!

NEW this year!

- Expanded exhibit hall with even more of your favorite and soon-to-be favorite foods, restaurants, non-profits and other businesses!
- Fitness area with demos and classes!
- Fashion and Beauty area!
- Mini farmers market!

\$8 admission/day. Kids 12 & under free. \$5 for students & seniors with valid ID. Click here

for \$1 off coupon.



, TriMet MAX, or TriMet bus! Go eco-friendly. Take

<u>TriMet.</u> <u>TriMet Trip Planner</u> makes it easy.

2. Cowspiracy

- Movie Presentation - Thursday, October 9, 6:30PM - 8:01PM

Bijou Art Cinema_

492 E 13th Ave, Eugene, OR, US, 97401 \$10.00 General

Please join us for an exclusive, one-night only screening of the documentary *Cowspiracy: The Sustainability Secret*, a groundbreaking, feature-length environmental documentary following an intrepid filmmaker as he uncovers the most destructive industry facing the planet today, and investigates why the world's leading environmental organizations are too afraid to talk about it. This documentary will be as eye-opening as "Blackfish" and as inspiring as "An Inconvenient Truth."

NOTE: The Bijou needs 80 people to buy tickets BEFORE they will show this film. SIGN UP HERE!

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### **3. GMO OMG**

- Movie Presentation - Thursday, October 2, 6:00PM

presented by **Encircle Films** 

Bijou Art Cinema

492 E 13th Ave,

Eugene, OR, US, 97401 \$5 Senior/Child, \$6 Student, \$7 Adult

How do GMOs affect our children, the health of our planet, and our freedom of choice? Gain insight into a question that is of growing concern to citizens the world over: what's on your plate?

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The Eugene Veg Education Network (EVEN) is an official 501(c)(3) non-profit based in Eugene serving as a resource for those seeking information on a healthful, vegan lifestyle. EVEN's emphasis is one of non-violence, compassion and sustainability. Focus is on the interconnectedness of all life and how a plant-based diet benefits the earth, non-human animals, and the individual. EVEN's Mission Statement is to inform, educate & encourage our members--- as well as the larger community ---by providing pertinent information on veganism and its positive impact on the health of the planet and all its inhabitants. www.eugeneveg.org

Peace.