

Thank you, everyone!

EVEN's 13th Annual Vegan Thanksgiving Peaceful Potluck was filled with folks possessing the true spirit of the Thanksgiving season---gratitude, appreciation and kindness. Thanksgiving isn't just a day of the year, it's a frame of mind.

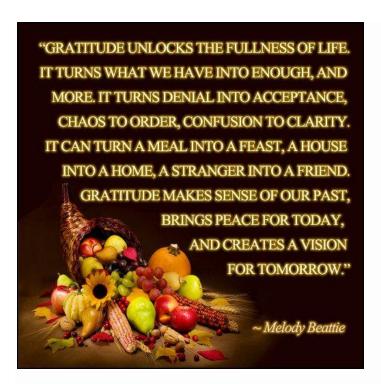
Thank you, **Eric**, for your lovely musical accompaniment to dinner.

Thank you, volunteers, **Allison, Jaime, Jay, Kamaya, Linda, Mandy, Stacy**, for your hard work, and getting so much done in such a short time. (Thank you, **Misha**, for letting us recruit you at the last minute.)

Thank you, **Géna and Unity Church**, for your caring and hospitality.

Thank you, **Leah and Jim Geocaris**, **Dick Wadsworth**, **Eric**, **Linda**, and **Kathy Ging**, and others, for your donations and ongoing support of EVEN's vegan education.

Thank you, **everyone**, for bringing your *most* delicious vegan food, your *brightest* smiles, and your positive, heartfelt attitudes. ♥



Go HERE to enjoy photos of this memorable occasion. (Thank you, Stacey Willitts).

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Eugene Veg Education Network (EVEN)

www.eugeneveg.org

Eugene Veg Education Network

---EVEN - serving as a vegan resource since 2005---

Check Out EVEN's News Blog for hundreds of valuable, vegan morsels.

The Eugene Veg Education Network (EVEN) is a 501(c)(3) non-profit serving as a resource for those seeking information on a healthful, vegan lifestyle. EVEN's emphasis is one of non-violence, compassion and sustainability. Focus is on the interconnectedness of all life and how a plant-based diet benefits the earth, non-human animals, and the individual. EVEN's Mission Statement is to inform, educate & encourage our members--- as well as the larger community ---by providing information on veganism and its positive impact on the health of the planet and all its inhabitants. www.eugeneveg.org Peace.

People often ask for a copy of the Thanksgiving Grace EVEN has been saying since 2005. So, by request, here it is:

♥ We gather together today to celebrate and to give thanks for the many gifts that have been given to us:

- ~ for our friends and for our families, here today or not;
- ~ for all our fellow creatures with whom we share the world and without whom our time on this planet would be barren and profoundly lonely;
- ~ for the beautiful and wondrous natural world in which we get to spend our time;
- ~ for our miraculous bodies for which we try to show our appreciation by keeping them in good health;
- ~ and, for our glorious gift of free will with which we try to make compassionate choices.

We give thanks for all of these.

We also ask for guidance to not take any of them for granted.

- ♥ We also humbly ask for special blessings:
- ~ for everyone here today, and those who are not;
- ~ for children who go to bed hungry and unprotected;
- ~ for voiceless animals---our friends---who are oppressed, abused and exploited;
- ~ for Mother Earth---our home---to keep her safe from the ravages of pillage and greed;
- ~ for anyone and everyone suffering in pain or confusion.

We humbly ask for these special blessings.

▼ Let's take a moment of silence here for our individual thanks and blessings. [silence]

May we keep peace and compassion in our hearts throughout the year.

Thank you!

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