

EVEN's Vegan Fair raffle winners for the \$10 gift certificates to the Keystone Café were awarded to:

- Jael Baldwin
- Pam Birrell
- Doone Dunlop
- Skye Cook, and
- Peter Johnson

Congratulations to the winners! And thank you, Keystone Café!

For all who attended EVEN's Vegan Share Fair 2013, we hope you enjoyed yourself. Certainly lots of **good food, good people and good fun.**

If you did not attend, we hope to see you at EVEN's Vegan Fair next year. Or sooner!





Thank you for your interest in EVEN.

 Whether you are veg or not, we'd like to welcome you to the wonderful world of compassion, non-violence and sustainability, where we see that <u>all</u> life is interconnected!! As you know by now, EVEN focuses on education and outreach.



We suggest that you check out EVEN's **News Blog**.

• It is chock full of interesting, informative and meaningful items. Read hundreds of timeless morsels listed there, and check back often for new additions.



You can catch up on some past *EVEN NOW* newsletters and other announcements.

• It's not all time-sensitive information. Some events might be over, but educational information remains relevant. This archival/collection can also give you an idea of the breadth of EVEN's mission statement and history since 2005.



Listed here are some very helpful Quick Links.

These are quick routes to some of EVEN's most popular pages.



If you still aren't sure who EVEN is, then on our website, you can:

- Learn more about EVEN
- Understand our Mission Statement,
- Read some of what EVEN is doing as a vegan education group.
- (Did you know that EVEN is an official 501(c)(3) nonprofit?)

 While the Past EVENts page lists some of EVEN's other activity as well as previous speakers.



Find Local and National comments here.

 You can read what others have said about EVEN over the years. Send us your own comments for posting if you feel inclined.



Read the many ways that you can support our outreach!

- Are you interested in helping EVEN? Go to our Support EVEN page.
- You can even check to see if your employer has a Matching Gifts

 Program. (That's a smart way companies multiply the benefits of their employees' charitable contributions.)



Today it's more beneficial to all concerned <u>and</u> easier <u>and</u> simpler than ever to **Go Veg!**

- So why not take the plunge and make *yourself* healthier, the *animals* happier, and the *earth* more peaceful?
- All the tools you need to make compassionate food choices can be found on our website.



EVEN exists to be a vegan resource for you!

 So, in addition to the Going Veg pages, EVEN offers huge amounts of Resources such as: Videos Recipes Recommended Books, and Recommended Links, and many more!

Take your pick from that menu in the left-hand column while on the **Resources** page.

 On EVEN's The Scoop page, you can find additional educational items including:

Articles Edu-stats Quotations

plus

two new pages:

If Truth Be Known and Wake Up Call

Once again select from the Left-Hand column menu while on **The Scoop** page.



Looking for more motivation?

• If you want to hear what some long-term vegans who are leaders in their fields have to say about being vegan, be inspired by what they have shared in **EVEN's Exclusive Interviews**.



If this all feels a bit overwhelming, then use the **sitemap** to find your way around.

 Our website has 150++ pages. The sitemap can guide you to enjoy your visit to max!

[NOTE: BTW, to go to **other pages** that interest you, click the desired tab on the top toolbar and make your selection from the menu that then appears in the Left-Hand column.]



And while you are on **eugeneveg.org**, be sure to visit some of EVEN's Sponsors who are listed in the Right-Hand Column of every page.

 They help to keep EVEN's work going! Click their logos to go to their website.



EVEN is not funded like many other nonprofits and *everything* EVEN does is offered free to the public. But it is not without expense.

 Not only do Robert and I receive no monetary remuneration for our efforts, we also pay EVEN's bills, of course. We rely heavily on corporate and individual contributions to make EVEN's continued outreach possible. So any donations to EVEN are deeply appreciated.



Oh, and by the way, whenever you need a good laugh, give EVEN's **Comic Relief** page a look.

- I think you will find that humor lends a much-needed, hopeful perspective to the sad and heartbreaking truths with which we all must deal.
- While I think we are all obligated to take the subject matter quite seriously, we can still take ourselves more lightly.



Many thanks for your ongoing support of EVEN and our vegan education efforts!

All the best and thanks for keeping it veg!



PS - We are still reeling from the loss of our precious Toby and deeply appreciate everyone who has offered their kind words during this difficult time. You might be interested in seeing a video tribute we put together to honor the memory of our dear friend.

http://www.youtube.com/watch?v=hGq3lhKlFnk

---EVEN - serving as a vegan resource since 2005---

The Eugene Veg Education Network (EVEN) is an official 501(c)(3) non-profit based in Eugene serving as a resource for those seeking information on a healthful, vegan lifestyle. EVEN's emphasis is one of non-violence, compassion and sustainability. Focus is on the interconnectedness of all life and how a plant-based diet benefits the earth, non-human animals, and the individual. EVEN's Mission Statement is to inform, educate & encourage our members--- as well as the larger community ---by providing pertinent information on veganism and its positive impact on the health of the planet and all its inhabitants. www.eugeneveg.org Peace.

If you would like to **opt out** of EVEN's free email list, just **Reply** to this email, include **"Unsubscribe"** in the Subject line, and click **Send**.



Love life. No matter whose.