

7/17/12



Dear Friend,

Back by popular demand, **Dr. Orestes Gutierrez, D.O.**, who packed the house last fall (*Debunking the 10 Myths of Veganism*), has generously agreed to return for an encore presentation with his new **Longevity Lecture**. See more information in flyer below. Hope to see you there!

Eugene Veg Education Network (EVEN)

SPECIAL VEG PRESENTATION

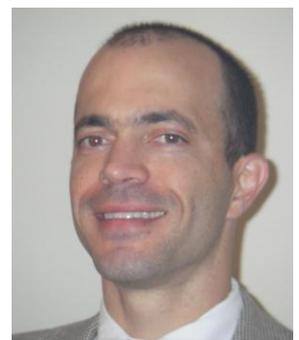
Thursday, July 26, 2012

Food for the Mind, Body, Soul:

A Vegan Diet

by

Dr. Orestes Gutierrez



WHAT: Free Educational Presentation (not a potluck)

WHEN: 7 pm – sharp.

WHERE: McNail-Riley House, 601 W. 13th Av (@ Jefferson), in Eugene. (Park free in fairgrounds across the street to avoid being towed.)

COST: FREE! Open to everyone---vegans, vegetarians and anyone interested in the benefits of a plant-based diet.

[Click >> here to read more about Dr. Gutierrez.](#)
[Click >> here to read an interview with Dr. Gutierrez.](#)

The **Eugene Veg Education Network (EVEN)** is an **official 501(c)(3) non-profit** based in Eugene serving as a resource for those seeking information on a healthful, vegan lifestyle. **EVEN's** emphasis is one of **non-violence, compassion and sustainability**. Focus is on the **interconnectedness of all life** and how a plant-based diet benefits the earth, non-human animals, and the individual. **EVEN's Mission Statement** is **to inform, educate & encourage** our members---as well as the larger community---by providing pertinent information on veganism and its positive impact on the health of the planet and all its inhabitants. www.eugeneveg.org **Peace.**

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