

Eugene Veg Education Network (EVEN)

SPECIAL PRESENTATION

by

Dr. Ruth Heidrich

Vegan Ironman Triathlete

Thursday, September 27,
2012

A Race for Life:
From Cancer to the Ironman

by

Ruth Heidrich, PhD



WHAT: Free Educational Presentation (not
a potluck)

WHEN: 7 pm – sharp.

WHERE: McNail-Riley House, 601 W. 13th Av
(@ Jefferson), in Eugene
(Park free in fairgrounds across the street.)

COST: FREE! Open to everyone---vegans, vegetarians and anyone
interested in the benefits of a plant-based diet.

Click >> here to read more about Dr. Ruth Heidrich!

The Eugene Veg Education Network (EVEN) is an official 501(c)(3) non-profit based in Eugene serving as a resource for those seeking information on a healthful, vegan lifestyle. **EVEN's** emphasis is one of **non-violence, compassion and sustainability**. Focus is on the **interconnectedness of all life** and how a plant-based diet benefits the earth, non-human animals, and the individual. **EVEN's Mission Statement** is **to inform, educate & encourage** our members---as well as the larger community---by providing pertinent information on veganism and its positive impact on the health of the planet and all its inhabitants. www.eugeneveg.org Peace.

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