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Hello, everyone! Hope you can attend this educational and helpful presentation by vegan doctor, Orestes Gutierrez, Gutierrez Holistic Family Medicine.

Do you know what the 3 steps are? Please join us in welcoming Dr. Gutierrez back at EVEN.

It's fun, free and informative, so bring a friend. Look forward to seeing you there!



**Eugene Veg Education Network (EVEN)**

**SPECIAL VEG PRESENTATION**

**Tuesday, May 26, 2015**

# 3 Steps to Superior Health

by



**Dr. Orestes Gutierrez,**

**DO, DABFM, DABIHM**

**WHAT: Free Educational Presentation (not a potluck)**

**WHEN: 7 pm – sharp.**

**WHERE: McNail-Riley House, 601 W. 13<sup>th</sup> Av (@ Jefferson), in Eugene.**

**(Please do not park at McNail-Riley House. Park free in fairgrounds across the street to avoid being towed.)**

**COST: FREE! Open to everyone---vegans, vegetarians and anyone interested in the benefits of a plant-based diet.**

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