

2/1/15

Americans will eat **1.25 billion chicken wings** on Super Bowl Sunday.
(three times higher than on any other Sunday in the year.)

If the wings were laid end-to-end, they would circle the circumference of the Earth more than twice, which is about a quarter of the way to the moon...that's 100,000,000 (100**million!**) pounds!

Amazingly, [that still] represents only 1/8 of Sunday's total expected chicken consumption.

Source: Huffington Post

It doesn't have to be that way.

It's **February 1**, the first day of **Vegan Cuisine Month**.

Join EVEN and the American Vegan Society:

- to honor life instead of tortured death,
- to celebrate joy instead of misery,
- to make compassionate, healthful, non-violent choices.

Vegan Cuisine Month

American Vegan Society (AVS) invites everyone to celebrate! This is a time to praise those who have brought vegan food into esteem, a time to share its bounty, and a time to help fulfill its promise.



Bean salad

Each day in February honors select heroes. Invite people to try vegan food, creating awareness of the proliferation of options. Locations that do not usually offer vegan fare are encouraged to get involved.



Moussaka

Let AVS inspire you to create a vegan food event, work with a restaurant to get vegan options on the menu, teach a cooking class, or do small helpful bites.



Hummus

Information abounds at www.americanvegan.org
More to come! Stay tuned!!

Eugene Veg Education Network

---EVEN - serving as a vegan resource since 2005---

Check Out [EVEN's News Blog](#) for hundreds of valuable, vegan morsels.

The **Eugene Veg Education Network (EVEN)** is an **official 501(c)(3)** non-profit based in Eugene serving as a resource for those seeking information on a **healthful, vegan lifestyle**. EVEN's emphasis is one of **non-violence, compassion and sustainability**. Focus is on the **interconnectedness of all life** and how a plant-based diet benefits the earth, non-human animals, and the individual. EVEN's **Mission Statement** is **to inform, educate & encourage our members**--- as well as the larger community ---by providing pertinent information on veganism and its positive impact on the health of the planet and all its inhabitants. www.eugeneveg.org **Peace.**