



What has happened to us?

Despite the most advanced medical technology in the world, we are sicker than ever by nearly every measure.

Two out of every three of us are **overweight**. Cases of **diabetes** are exploding, especially amongst our younger population. About half of us are taking at least one prescription **drug**. Major medical **operations** have become routine, helping to drive **health care costs** to astronomical levels. **Heart disease, cancer and stroke** are the country's three leading causes of death, even though billions are spent each year to "battle" these very conditions. Millions suffer from a host of **other degenerative diseases**.

Could it be there's a single solution to all of these problems? A solution so comprehensive, but so utterly straightforward, that it's mind-boggling that more of us haven't taken it seriously?

Don't miss your chance to view this illuminating documentary!

Bijou Art Cinemas
492 E. 13th Av
Eugene OR 97401

Thursday, October 3,
2013
5 p.m. and 7:30 p.m.

Thank you, **Dr. McDougall** for your presentation following the 5:00 pm showing and for your support of EVEN in this effort!

Thank you, **Dr. Gutierrez** for your presentation following the 7:30 pm showing and for your support of EVEN in this effort!

And a special thank you to **Vicki Anderson** at **Encircle Films** for making this happen!!